

# Procedure: Taking a Temperature with a Digital Thermometer

## EQUIPMENT

- Electronic thermometer and probe cover.
- Alcohol pad (if alcohol pads are not available use soap and water)

## PROCEDURE

- 1) Wash hands
- 2) Check the thermometer reading. Reset electronic thermometer by pushing the reset button.
- 3) Place thermometer tip inside disposable cover/sheath.
- 4) Place the covered probe into the person's mouth and under the tongue. Hold the thermometer until it beeps.
- 5) Carefully remove the thermometer, Remove and discard the disposable sheath or probe, Clean thermometer head with alcohol pad or soap and water
- 6) Wash hands
- 7) Record temperatures